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- Introductory Remarks
 - Lesson Objectives ◄
 - Course Materials ◄
- Administrative Details
 - **Course Objectives ◄**
 - Course Expectations

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OVERVIEW



Suggested instructional time for this lesson: 1/2 hour

Introduction

This lesson opens the Instructor Training Program with welcoming remarks from the instructor(s) and/or course administrator, as well as student introductions. Depending upon local practice, a class roster may be circulated and initialed for registration purposes.

This lesson is intended as a learning experience for the Instructor Trainees. It provides a model for an appropriate way to open a course. The instructor will lead a guided discussion regarding the significance of each component of the introductory lesson.

Lesson Objectives

Through group discussion and question and answer sessions, the EMS instructor trainee will be able to:

- State the purpose and goals of the Instructor Training Program
- List the elements of an appropriate course introduction
- Explain the purpose and desired result of each element of the introduction

Lesson Materials

- Overhead projector and screen
- Flipchart and markers

Instructional Strategies

- Lecture
- Discussion
- Question and answer

INSTRUCTOR NOTES

LESSON PLAN

- I. Introductory Remarks
 - A. Registration
 - B. Welcoming remarks

I. Introductory Remarks

A. Registration

It is important that a member of the teaching staff greet students as they arrive. The teaching staff should determine in advance who will open the first session, the staff members who plan to attend, and what each person's responsibilities will be. As students arrive, say something like this, "Good morning, and welcome to the National Standard Curriculum: Instructor Training Program. My name is ________.

Whether the course administrator, the lead instructor, or the educational facility handles registration, it is important for the instructor to keep accurate attendance records. Obtain a list of those enrolled prior to the first class, and use it as a sign-in sheet. The premise here is that formal registration will have occurred prior to start time for the first session, and that the instructor is simply confirming attendance. Ask students to verify spelling and write their initials next to their name.

B. Welcoming remarks

As you circulate the class roster, you can begin the class. Start by giving the students a framework from which to view the coming program. In instructional jargon, that's known as an "advanced organizer." It helps students mentally prepare for what is ahead. Let them know the purpose of the course and something about how those goals will be accomplished.

For this course, the advanced organizer might sound something like this:

The purpose of the Instructor Training Program is to equip you, the Instructor Trainee, with the skills and tools you will need to conduct training effectively. You will be encouraged to participate in discussions and exercises that are designed to develop those skills. We will discuss the unique characteristics of adult students, and the theory that underlies a comprehensive instructional program. You will apply this theory as you walk through each step in the design, development, and delivery process, creating your own lesson plan as you go. By the end of our 40-hour course, you will actually teach your fellow trainees a portion of a lesson from the National Standard Curricula EMT-Basic Course. But before we go any further, let's take a moment to introduce ourselves.

INSTRUCTOR NOTES



Conduct activity

The purpose of this activity is to introduce participants to each other, begin the training on an upbeat, "fun" note, and give participants their first experience with speaking in front of this group.

Summarize the activity by telling participants that in this exercise they talked for one and a half minutes on a topic they probably knew nothing about and hadn't prepared for. In teaching EMS courses they will know their subject matter and will be well prepared.

LESSON PLAN

- C. Staff/student introductions
 - 1. Activity 1.1—Icebreaker
 - 2. Student motivation for attending

C. Staff/student introductions

One essential component of a course opening is the introductions. After you have said hello and presented a brief overview of the course, the lead instructor or the course administrator should introduce everyone on the staff that is present. Introductions should include relevant information regarding credentials and experience. Student introductions can be accomplished through the use of the following activity.

1. Activity 1.1—Icebreaker

Ask participants to write down their favorite hobby or activity (other than EMS), and to fold the piece of paper.

Collect participant responses. Place them in a box, hat, or other container.

Ask each participant to choose one piece of paper (and to let you know if they have chosen their own; every participant should have an activity that IS NOT their own).

Explain that each participant will introduce him or herself, describe their length and type of service, then talk for one and half minutes on the subject on the piece of paper.

Time participants. They will probably want to stop before time is up. Encourage them to keep going.

After the exercise, debrief. Ask participants what it was like to talk on an unfamiliar topic and what would have made the experience better.

2. Student motivation for attending

Student motivation is an important component to successful training. Find out such things as: Why are your students here? Is the training mandatory or voluntary? Are they excited about the subject matter? Are they full-time, paid EMS professionals, or are they volunteers who are attending training on their own time?

These are important questions to be answered at the beginning of a course since the answers could affect how you present material, and/or how much

INSTRUCTOR NOTES

LESSON PLAN



Write on flipchart

Go over the lesson objectives using a prepared flipchart page.

Take a moment to go over the contents of the Student Guide.

II. Lesson Objectives

- State the purpose and goals of the Instructor Training Program
- List the elements of an appropriate course opening
- Explain the purpose and desired result of each part of the opening

III. Student Guide

- Course Overview
- Lessons 1-10
- Final Presentations
- Appendices

material you cover. For example, if you have a highly motivated group, you may go through the course faster than anticipated. In this case, you should restructure the course to add more in-depth information, and/or to include more practical exercises.

If a group is unmotivated, find out why. Address the issues whenever possible. Enlist the students' support in making the course more fun and interesting. Control is important to adult learners. If you can persuade them that they influence what occurs, they may work with you instead of against you to create a more productive learning experience.

II. Lesson Objectives

Lesson objectives are presented at the beginning of each lesson in the Instructor Training Program. This gives you, the instructor, the opportunity to let the students know exactly what they should be focusing on during the lesson. Stating the objectives in the beginning of the lesson is another example of an advanced organizer.

In this course, it is suggested in the Instructor Notes that these objectives should be transcribed onto a flipchart page before class. However, it is just as effective to use a transparency for this purpose. You, as the instructor, should make the determination when you are preparing your materials before class. To increase student attentiveness, it is a good idea to switch between these instructional tools. The variety helps to sustain interest.

III. Student Guide

- Course Overview—this section, although directed to the Instructor Trainer, is included in the Student Guide for reference.
- Lessons 1-10
- Final Presentations—this section includes a description and the lessons from EMT-Basic that students will refer to for their Final Presentations.
- Appendices—refer to the Table of Contents for Appendix B, References.
 Take a moment to familiarize yourself with these resources.

INSTRUCTOR NOTES

Distribute a copy of the course schedule and makeup policies, if available.

Pass a hat and have students draw the name of the lesson they will be presenting.

Have students turn to the Final Presentation section. Review the description and give students a moment to look over the EMT-Basic lesson they have been assigned.

LESSON PLAN

IV. Administrative Matters

- A. Course Schedule
- B. Makeup policies
- C. Assign Final Presentation time slots
 - 1. Lesson assignments
 - 2. Activity description

IV. Administrative Matters

A. Course Schedule

The course schedule should be distributed and discussed.

B. Class makeup policies

Class makeup policies should be clearly delineated. If possible, provide students with a handout indicating policy. Let them know how they can contact staff members for assistance.

C. Assign Final Presentation time slots

It is important to the structure and flow of the Instructor Training Program to assign time slots for students to give their Final Presentations. One impartial, relatively hassle-free method to assign time slots is to draw from a hat.

1. Pre-course preparation

Prepare for this by noting the number of students in class. Review the description in the Final Presentations section. Then, make a copy of the table of contents provided and cut it up so that one lesson name appears on each page. If there are more people enrolled than lessons, these lessons can be split between two class members: Baseline Vital Signs and Sample History, Lifting and Moving Patients, and Initial Assessment.

2. Assignments

Put the lesson names into a hat and have students draw. They may trade among themselves if they like, but within a few minutes, read the list of lessons as presented in the table of contents and note the name of the student who drew each lesson. Have students present the lessons in sequence. This method prevents duplication of topics. Additionally, by the end of the training program, students will have seen a significant portion of the EMT-Basic Curriculum presented. Presenting in order will add a cohesive sense to the entire Final Presentation experience and will predetermine time slots based upon an impartial draw. Be sure to ask students to begin their resource and literature search right away. They should bring in all reference materials and props (if portable) as soon as possible.

INSTRUCTOR NOTES

LESSON PLAN

V. Facility Information

The following information should be made available to students during the opening session of the course:

- Location of restrooms
- Building information
- Exits
- Eating facilities
- Smoking policy/rooms
- Telephone and message procedure
- Emergency evacuation procedure
- Handicapped accessibility

ADDITIONAL INFORMATION

V. Facility Information

INSTRUCTOR NOTES



Display OH #1-1

Read the opening statement, or stem, as you go over the course goals:

At the conclusion of the course, the student will, at a minimum, be able to:

Tell students that the stem says who will achieve the goals and when they will be attained.

LESSON PLAN

VI. Course Goals

- A. Overview
- B. List of goals

COURSE GOALS

- Organize and prepare materials for presentation
- Effectively deliver each lesson contained in a curriculum, as measured by overall student performance on training objectives
- Prepare instructional aids which will increase the effectiveness of the training
- Ensure that all flecessary equipment and materials necessary for student learning are present and operational

COURSE GOALS (Continud)

- Evaluate student performance and provide corrective feedback to improve subsequent performance
- Provide a mechanism for evaluating the training program's effectiveness
- Obtain the appropriate curriculum package developed by NHTSA

Introduction

VI. Course Goals

A. Overview

The EMS Instructor Training Course is designed to provide students who are clinically competent in a specific content area with the instructional skills to deliver training effectively. It focuses on instructional preparation, presentation, and evaluation. Upon completion of the course, the student should be able to teach any of the curriculum packages in which they are clinically competent.

B. List of goals

At the beginning of a course or lesson, it is important to focus the attention of your audience by clearly stating the expected_outcome(s) of the instruction. Use a prepared flipchart or transparency with the objectives listed as you mention each one.

Please note that the overhead sometimes lists the course goals but does not include the opening statement. For this course, the opening statement, or stem, of each course goal is as follows:

At the conclusion of the course, the student will, at a minimum, be able to:

Notice that the stem states who will attain the objectives: the student, and when the objectives will be attained. Please read the opening statement, included in the Instructor Notes column, as you go over the course goals.

Additionally, you should mention that more specific training objectives for each lesson are presented at the beginning of each lesson, and are included on the overview page in both the Instructor and Student Guide.

INSTRUCTOR NOTES



Ask a question

What are some of the ways in which you hope this course will make you an excellent instructor? What skills do you hope to develop?



Write on flipchart

Record responses on a flipchart labelled Course Expectations.

Go around the room. Have each person restate their name and state one expectation. Write down the name and expectation.

For out-of-scope or unreasonable expectations, explain that there are some things that this course cannot deliver. Engage the student in open dialogue to come up with an expectation that can be met in this course.

Tape the list to the wall. Then, explain how the course goals and lesson plans are designed to meet these expectations.

LESSON PLAN

VII. Expectations

- A. Unspoken desires that can lead to disappointment
- B. Individual expectations
- C. Out-of-scope or unreasonable expectations
- D. The purpose of documenting and posting expectations

VII. Expectations

A. Unspoken desires that can lead to disappointment

Expectations are desires, often left unspoken, that when left unsatisfied result in disappointment. To avoid disappointing your students and to ensure that everyone is focused on attainable goals, it is wise to get expectations "out on the table." The process of identifying and clarifying personal desires is a valuable mental activity and increases the probability that goals will be fulfilled.

B. Individual expectations

Ask each student to state one skill or knowledge they believe they will develop or understand by attending this course. Be prepared to document responses.

C. Out-of-scope or unreasonable expectations

For this course, expectations will be stated and evaluated for relevance to course topics to determine if they are realistic. Out-of-scope expectations should be identified as such. If a student expresses an unreasonable goal, engage the student in an open dialogue to think of one that can be fulfilled within the constraints of this curriculum.

D. The purpose of documenting and posting expectations

Once you have documented expectations for each student, you have achieved several things. First of all, students are clear on what they hope to accomplish. You, the instructor, have a better feel for your audience. Also, you have documentation that you can refer back to at the end of the course. This will help to "close the circle" of instruction, confirming for participants that their time was well spent.

When you post the list on the wall, you make it clear that you take the students seriously. This gives them the sense that they will be able to influence the direction of the learning experience to best meet their own particular needs.

INSTRUCTOR NOTES

LESSON PLAN

E. The connection between course goals, the lesson plan, and expectations

VIII. Summary

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E. The connection between course goals, the lesson plan, and expectations

After you post the list, be sure to tie the expectations directly to the previously established course goals. The expectations that have been identified emphasize those areas in which students feel a particular need, whether prompted by curiosity, concern, or lack of confidence. Each expectation should be addressed in the stated objectives, at either the course or lesson level.

VIII. Summary

In this lesson the Instructor Trainer modelled how to open a course, identified key elements of a course introduction, and led a guided discussion about why each is included. Lesson 1 consisted of student and instructor introductions, lesson objectives, scheduling requirements, facility information, and stating the course goals.

We also identified individual expectations for the course in order to facilitate the Instructor Trainees' personal growth and development. Particularly in the refinement of so-called "soft skills," personal expectations can reveal valuable data to the instructor, allowing for an adjustment in the priority and emphasis of course topics.

	Jan Markey
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COURSE GOALS

- Organize and prepare materials for presentation
- Effectively deliver each lesson contained in a curriculum, as measured by overall student performance on training objectives
- Prepare instructional aids which will increase the effectiveness of the training
- Ensure that all necessary equipment and materials necessary for student learning are present and operational

Introduction

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COURSE GOALS (cont'd)

- Evaluate student performance and provide corrective feedback to improve subsequent performance
- Provide a mechanism for evaluating the training program's effectiveness
- Obtain the appropriate curriculum package developed by NHTSA

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